



2018 CGYBS Stallion League Rules

1. No player or team stats or standings will be kept. The league is designed to encourage, instruct and have fun.
2. Rained out games will not be made up.
3. A soft baseball will be used for all drills and games.
4. Practices should be held 1-2 (max) times / week (1/week encouraged) and should not last more than 1 hour, 15 minutes.
5. Each gameday will start with quick warm-ups followed by 45-50 minutes of game time.
6. Bases are set at 35 feet apart, with first base utilizing a "safety base" so runners can avoid contact with 1st baseman and be taught to "run through" the base.
7. There will be 11/12 players on a team. All 5 infield positions (1B, 2B, SS, 3B, P) will be fielded on each team. Remaining players are to be positioned in the outfield. For safety reasons, no player will ever take the position of the catcher.
8. Players will rotate positions in the field every inning, with no player playing the same position or outfield 2 consecutive innings. If need be, position an extra infielder at the second base bag.
9. Coaches are responsible for correct positioning of fielders. Fielders are NOT to be in the baseline obstructing runner advancement.
10. There will be a painted stripe behind the infield to identify where the infield ends and outfield begins. Coaches are to instruct infielders and outfielders to stay in their 'area'.
11. Each field will have coaches in the field providing on-field instruction. Coaches will also coach on the bench (hitting team) to give instruction and organize the batting order.
12. One purpose for the Stallion League is to have players move from hitting off a tee to hitting "live" pitching. The first 2 games all players will hit off a tee. Starting in week 3, coaches will pitch to hitters. Each hitter will get up to 5 pitches to hit. If no contact is made after the fifth pitch, then bring out the tee.
13. Every player will bat each inning. After the last batter, have the teams switch sides.
14. The batting order will rotate every inning. For example, the last batter in the first inning leads off the second inning and so on and so forth.
15. Coaches on the field will give (quick) offensive and defensive instructions before each play. For example, telling a player to "run on a ground ball or hold on a fly ball" (offensive instruction) and "ground ball hit to you throw to first or runner on first, throw it to second for the force (defensive instruction)".